

List of publication

(Last time updated: May 2026)

Download paper at: https://www.researchgate.net/profile/Rico_Pohling

<https://tu-chemnitz.academia.edu/RicoPohling>

Or request them via email: info@psychotherapie-pohling.de

The numbers before the entries indicate the chronological order of the appearance of my academic publications.

[Google Scholar](#) calculates my *h-index* as 13 (with 1124 citations in total). My *i10-index* is 13.

Journal Articles (Peer Review)

In preparation

Pohling, R., & Diessner, R. (in preparation). Encyclopidia entry on moral elevation. **Invited contribution for D. Lapsley, Editor**

Pohling*, R., Diessner*, R., Iyer, R., Woodward, D., Sabadosh, P., & Strobel, A. (in preparation). With Beauty in Mind – Individual Differences of Natural, Artistic, Moral, and Ideational Beauty.

Pohling, R., Frömmer, D., Grass, J., Strobel, A., & Reynolds, S. J. (in preparation). *Fragebogen zur moralischen Achtsamkeit (FMA) – Deutsche Übersetzung und Validierung der Moral Attentiveness Scale* [Moral attentiveness questionnaire: German translation and validation of the moral attentiveness scale].

2022

13) Diessner, R., Klebl, C., Mowry, G., & **Pohling, R.** (2022). Natural and moral beauty have indirect effects on proenvironmental behavior. *Ecopsychology*, 14(2), 71–82. <https://doi.org/10.1089/eco.2021.0038>

2019

12) **Pohling, R.**, Diessner, R., Stacy, S., Woodward, D., & Strobel, A. (2019). Moral elevation and economic games: The moderating role of personality. *Frontiers in psychology*, 10(1381). doi:10.3389/fpsyg.2019.01381

11) Diessner, R., Genthôs, R., Arthur, K., Adkins, B., & **Pohling, R.** (2019). Olfactory and gustatory beauty: Aesthetic emotions and trait appreciation of beauty. *Psychology of Aesthetics, Creativity, and the Arts*. Advance online publication. doi:10.1037/aca0000262

2018

10) Diessner, R., **Pohling, R.**, Genthôs, R., & Güsewell-Schaub, A. (2018). Trait Appreciation of Beauty: A Story of Love, Transcendence, and Inquiry. *Review of General Psychology*. 22(4), 377-397. doi:10.1037/gpr0000166

9) Diessner, R., Genthôs, R., Praest, K., & **Pohling, R.** (2018). Identifying with nature mediates the influence of valuing nature's beauty on pro-environmental behaviors. *Ecopsychology*. 10(2), 97-105. doi: 10.1177/0165025417727874

* These authors contributed equally to the paper.

- 8) **Pohling, R.**, Diessner, R., & Strobel, A. (2018). The role of gratitude and moral elevation in moral identity development. *International Journal of Behavioral Development, 42*(4), 405-415. doi: 10.1177/0165025417727874

2017

- 7) Strobel, A., Grass, J., **Pohling, R.**, & Strobel, A. (2017). Need for Cognition as a moral capacity. *Personality and Individual Differences, 117*, 42-51. doi: 10.1016/j.paid.2017.05.023
- 5) Diessner, R., Kirk, C., Guenther, C., **Pohling, R.**, & Mobasher, S. (2017). Teaching the psychology of engagement with beauty. *Teaching of Psychology, 44*(1), 63-67. doi: 10.1177/0098628316679969

2016

- 4) **Pohling, R.**, & Diessner, R. (2016). Moral elevation and moral beauty: A review of the empirical literature. *Review of General Psychology, 20*(4), 412-425. doi: 10.1037/gpr0000089
- 3) **Pohling, R.**, Buruck, G., Jungbauer, K.-L., & Leiter, M. P. (2016). Work-related factors of presenteeism: The mediating role of mental and physical health. *Journal of Occupational Health Psychology, 21*(2), 220-234. doi: 10.1037/a0039670
- 2) **Pohling, R.**, Bzdok, D., Eigenstetter, M., Stumpf, S., & Strobel, A. (2016). What is ethical competence? The role of empathy, personal values, and the Five Factor Model of Personality in ethical decision-making. *Journal of Business Ethics, 137*(3), 449-474. doi: 10.1007/s10551-015-2569-5

Book Chapters

- 14) **Pohling, R.**, & Strobel, A. (2025). Diagnostik und Förderung ethischer Kompetenz in Organisationen [Assessment and development of ethical competence in organizations]. In I. López (Ed.), *CSR und Wirtschaftspsychologie (2. Auflage)*. Berlin, Germany: Springer Nature. – **Invited book contribution**
- 6) **Pohling, R.**, & Strobel, A. (2017). Diagnostik und Förderung ethischer Kompetenz in Organisationen [Assessment and development of ethical competence in organizations]. In I. López (Ed.), *CSR und Wirtschaftspsychologie*. Heidelberg, Germany: Springer. – **Invited book contribution**
- 1) Strobel, A., **Pohling, R.**, Schöpe, A., Stumpf, S., & Eigenstetter, M. (2012). „Edel sei der Mensch, hilfreich und gut.“ Begriffs- und Standortbestimmung ethischer Kompetenz [„Let man be noble, helpful, and good.“ Defining and locating ethical competence]. In: Arbeitskreis Assessment Center e.V. (Hrsg.), *„Talente entdecken und fördern: Personaldiagnostik als Wettbewerbsvorteil“*. Dokumentation zum 8. Deutschen Assessment-Center-Kongress (S.171-182). Lengerich, Germany: Pabst Science Publishers.

Conference Contributions

- Pohling, R.**, Diessner, R., & Strobel, A. (2016). *Die Rolle von Dankbarkeit und Moral Elevation in der Entwicklung moralischer Identität* [The role of gratitude and moral elevation in moral identity development]. Paper presented at 50th conference of the German Psychological Society (DGPs), Leipzig, Germany.

Pohling, R., Diessner, R., Stacy, S., Woodward, D., & Strobel, A. (2015). *Der moderierende Einfluss von Persönlichkeitsmerkmalen auf die behavioralen Effekten von Moral Elevation* [The moderating influence of personality traits on the behavioral effects of moral elevation]. Paper presented at 13th congress of the section for personality psychology and psychological diagnostics of the German Psychological Society (DGPs), Mainz, Germany.

Grass, J., **Pohling, R.**, & Strobel, A. (2014). *Moralische Aspekte kognitiver Motivation – Zusammenhänge von Need for Cognition mit moralischem Handeln* [Moral aspects of cognitive motivation – Relations between need for cognition and moral behavior]. Paper presented at 49th conference of the German Psychological Society (DGPs), Bochum, Germany.

Pohling, R., & Strobel, A. (2013). *Diagnostik moralischer Sensitivität – Entwicklung eines Diagnoseinstrumentes und Erforschung des Merkmalsraumes* [Assessment of moral sensitivity – Development of an assessment tool and exploring the nomological network]. Paper presented at 12th conference of the section for personality psychology and psychological piagnostics of the German Psychological Society (DGPs), Greifswald, Germany.

Strobel, A., **Pohling, R.**, Schöpe, A., Stumpf, S., & Eigenstetter, M. (2012). *„Edel sei der Mensch, hilfreich und gut.“ Begriffs- und Standortbestimmung ethischer Kompetenz* [„Let man be noble, helpful, and good.“ Defining and locating ethical competence]. Paper presented at 8th assessment-center-conference, Potsdam, Germany.

Pohling, R., Thonig, J., Cimander, C., Strobel, A., & Koch, A. (2011). *Der Kunde ist König! – Die Kundenperspektive als unentbehrliche Informationsquelle für Anforderungsanalysen im Dienstleistungssektor* [The customer is the King! – Customer perspective as indispensable source of information for job analyses in the service sector]. Paper presented at 7th conference of the section for industrial and organizational psychology of the German Psychological Society (DGPs), Rostock, Germany.

Invited Talks

Pohling, R. (2017). *Moral Elevation - Einführung und empirische Befunde einer positiven moralischen Emotion* [Moral elevation – Introduction and empirical findings of a positive moral emotion]. Invited talk at the Department of Social Psychology of the University of Leipzig, Germany.

Pohling, R. (2015). *Moral sensitivity: Origins, concepts, and first results of an intercultural study*. Invited talk at the Department of Psychology of the Lewis-Clark State College, Idaho, USA.
DOI: 10.13140/RG.2.2.16054.70724

Pohling, R. (2014). *Moralische Sensitivität – Ursprünge, Zugänge und Diagnostik* [Moral sensitivity – Origins, conceptualizations, and assessment]. Invited talk at the DDPME-Kolloquium of the Universität Koblenz-Landau, Germany. DOI: 10.13140/RG.2.2.12699.26407

Publications without Peer Review

Pohling, R. (2012). Rezension des Buches *Der moralische Instinkt*, von J. Verplaetse [Review of the book *The Moral Instinct* by J. Verplaetse]. *Report Psychologie*, 37 (3), 114.

Articles about my academic work

Burke, D. (2018, 7. April). Seeing the Pope help strangers made me tear up. Later I learned why. *CNN*. Retrieved from <https://edition.cnn.com/2018/04/06/europe/pope-elevation/index.html?no-st=1523203440> – **Online article that refers on my work on elevation**

Wirtschaftspsychologie aktuell. (2016, June 2). Lernen von Rico Pohling: Arbeitslast treibt Mitarbeiter trotz Krankheit ins Büro, *Wirtschaftspsychologie aktuell* [Learning from Rico Pohling: Workload propels employees into the office despite illness]. Retrieved from <http://www.wirtschaftspsychologie-aktuell.de/lernen/lernen-20160602-lernen-von-rico-pohling-arbeitslast-treibt-mitarbeiter-trotz-krankheit-ins-buero.html> – **This article summarizes the main findings on my work on presenteeism**

Theses

Pohling, R. (in preparation). *Trait Appreciation of Beauty and Self-transcendent Emotions*. Habilitation, Technische Universität Chemnitz. Chemnitz, Germany.

Pohling, R. (2018). *Moralische Sensitivität – Die Grundlage für die Wahrnehmung gesellschaftlicher Verantwortung in Organisationen*. [Moral sensitivity – The foundation for taking social responsibility in organizations]. Chemnitz, Germany: Universitätsverlag der TU Chemnitz. Retrieved from [http://monarch.qucosa.de/landing-page/?tx_dlf\[id\]=http%3A%2F%2Fmonarch.qucosa.de%2Fapi%2Fqucosa%253A20909%2Fmets](http://monarch.qucosa.de/landing-page/?tx_dlf[id]=http%3A%2F%2Fmonarch.qucosa.de%2Fapi%2Fqucosa%253A20909%2Fmets)

Pohling, R. (2010). *Präsentismus in der stationären Altenpflege – Eine Pilotstudie. Querschnittsanalyse von Zusammenhängen zwischen Arbeitsbedingungen, Gesundheit und Präsentismus in der stationären Altenpflege* [Presenteeism in stationary elderly care – A pilot study. Cross-sectional analysis of work-related factors, health and presenteeism in nursing homes]. Unpublished Diploma Thesis (revised Version 2015), Technische Universität Dresden. Dresden, Germany. DOI: 10.13140/RG.2.1.2782.7687

Unpublished Manuscripts

Pohling, R., Frömmer, D., Grass, J., Strobel, A., & Reynolds, S. J. (2014). *Fragebogen Moralische Achtsamkeit (FMA)*. doi: 10.13140/RG.2.1.3627.1846

Pohling*, R., Thonig*, J., Cimander, C., Strobel, A., & Koch, A. (2011). *Customers as an indispensable source of information for job analysis in the service sector*. Unpublished manuscript, Department of Psychology, Technische Universität Dresden, Dresden, Germany.

* These authors contributed equally to the paper.

Pohling*, R., Berger*, S., Frömmer*, D., & Kirschner*, H. (2008). Implizites Lernen von Konfliktsequenzen im Priming-Paradigma [Implicit learning of conflict sequences in a priming-paradigm]. Unpublished manuscript as part of the research seminar „Unconscious Perception“, winter semester 2007/2008, Department of Psychology, Technische Universität Dresden, Dresden, Germany.

* These authors contributed equally to the paper.